

Swimming Data 2018-2019

School Swimming Levels

Level 7

- To swim competently, confidently and proficiently on their front for 50m.
- To swim competently, confidently and proficiently on their back for 50m.
- To swim breaststroke or butterfly with an effective stroke for 25m.
- Complete a sequence of all six floats, holding each for ten seconds.
- Skull headfirst for ten metres and returning feet first for ten metres.
- Headfirst surface dive
- Feet first surface dive
- Shout and signal rescue
- Treading water for two minutes
- Adopt the HELP position in clothes and to know what it means.
- Huddle position in clothes and know when to use it.
- Treading water for thirty seconds in clothes.
- 25m with clothes (swimming).
- Swim continuously for 50m on front and 50m on back.
- Complete homework sheet (water safety)

Level 6

- Kick two lengths efficiently on front.
- Kick two lengths efficiently on back.
- Kick continuously for four lengths with a float rotating from front to back each length.
- Perform breaststroke or butterfly confidently and competently for ten metres.
- Complete a star, mushroom and pencil float for ten seconds.
- Complete a star, tub and pencil float for ten seconds.
- Complete a sitting dive, push and glide into full stroke.
- Headfirst surface dive.
- Feet first surface dive.
- Tread water for one minute.
- Perform a butterfly leg kick over ten metres.
- Skull feet first ten metres.
- Complete the homework sheet (water safety).
- Discuss and perform the huddle position for two minutes.
- Adopt the help position in clothes and know what it means.
- Swim a width in deep water in clothes.

Level 5

- Swim at least 25m.
- Some life-saving skills.
- Beginning to use a range of strokes.

National Curriculum Requirements:

How many pupils within their year 6 cohort can do each of the following:

- Swim competently, confidently and proficiently over a distance of at least 25 metres
- Use a range of strokes effectively
- Perform safe self-rescue in different water-based situations

25 in Pear

26 in Willow

Level 7:

17 in Year 6.

Level 6:

7 in Year 6.

25m+ (Level 4 and 5):

8 in Year 6.

Total children that meet National Curriculum requirements:

- 32 in Year 6 out of 51 total.
- 63% of **all** children in Year 6 met the National Curriculum Requirements for the academic year 2017-2018.
- 36% of **pupil premium** children in Year 6 met the National Curriculum Requirements for the academic year 2018-2019.