

Contacts for Families with Children with SEND

Ask Us, Nottinghamshire

Ask Us Nottinghamshire is part of the national Information, Advice and Support Service (IASS). Provides information, advice and support for children and young people with SEND and their parents/carers.

Helpline: 0800 121 7772 – check website for detail of hours; can also book evening calls

www.askusnotts.org.uk

Chatterpack

For children and young people with ADHD, but also includes lots of resources for the current circumstances – see these links in particular:

<https://chatterpack.net/blogs/blog/list-of-online-resources-for-anyone-who-is-isolated-at-home>

<https://chatterpack.net/blogs/blog/resources-list-for-home-learning>

Contact

Provides online, printed and helpline advice on education, benefits and finances, childcare, social care, medical information and more.

Helpline: 0808 808 3555

www.contact.org.uk

Down's Syndrome Association

Includes advice on growing up; health and wellbeing; and supporting behaviour positively.

Helpline: 0333 1212 300 Monday to Friday 10:00am – 4:00pm

<https://www.downs-syndrome.org.uk/for-families-and-carers/>

Family Lives

Advice on all ages of development; family matters; parenting – including online training; online forum to chat to other families.

Helpline: 0808 800 2222

www.familylives.org.uk

National Autistic Society

Helpline: 0808 800 4104, open from 10am-4pm Monday to Thursday; and 9am-3pm on Fridays.

www.autism.org.uk

Griffin OT

The website of Kim Griffin, Occupational Therapist. Lots of advice on understanding sensory processing and useful activities/resources, plus a free online course:

<https://www.griffinot.com/sensory-processing-disorder-training/free-sensory-course-sensory-integration/>

Special Needs Jungle

Parent-led information and resources. Includes advice on reducing anxiety about the Coronavirus.

www.specialneedsjungle.com

Twinkl

Resources website that most schools access regularly. **Current free offer for subscription for one month for teachers and families in response to the Coronavirus.**

How do I sign up for the free month?

Step 1: Go to www.twinkl.co.uk/offer

Step 2: Enter the code you have received, or CVDTWINKLHELPS if you have not yet been given a code

Step 3: Share the offer code and website link with anyone who could benefit

See also:

<https://www.twinkl.co.uk/resources/home-early-years/early-years-class-management/school-closure-home-learning-classroom-management-eyfs-early-years>

<https://www.twinkl.co.uk/resources/class-management/school-closure-home-learning-classroom-management-key-stage-1-year-1-year-2>

This is an overall guide for families with children with SEND. As families will be aware, there are many more websites provided by organisations linked to specific conditions which families can find by searching online.

If not already using Twitter, it is worth considering opening an account as by following SEND organisations it is possible to access up-to-date information and links which should also be useful (eg by following 'SEND Action' the 'Chatterpack' information listed above was found). Families might also want to consider the 'Nextdoor' app or joining local groups that are emerging, who may be able to help in case of self-isolation. Several of the organisations listed have online forums and families will be able to keep in touch with others in this way too.

Information accurate as of 18.03.2020