Keeping Children Safe Online during Covid-19

Some advice for Parents and Carers

Here is a list of resources to support you in keeping your children safe online:

- <u>Thinkuknow</u> provides advice from the National Crime Agency (NCA) on staying safe online
- <u>Parent info</u> is a collaboration between Parentzone and the NCA providing support and guidance for parents from leading experts and organisations
- <u>Childnet</u> offers a toolkit to support parents and carers of children of any age to start discussions about their online life, to set boundaries around online behaviour and technology use, and to find out where to get more help and support
- Internet matters provides age-specific online safety checklists, guides on how to set parental controls on a range of devices, and a host of practical tips to help children get the most out of their digital world
- <u>London Grid for Learning</u> has support for parents and carers to keep their children safe online, including tips to keep primary aged children safe online
- <u>Net-aware</u> has support for parents and carers from the NSPCC, including a guide to social networks, apps and games
- <u>Let's Talk About It</u> has advice for parents and carers to keep children safe from online radicalisation
- <u>UK Safer Internet Centre</u> has tips, advice, guides and other resources to help keep children safe online, including parental controls offered by home internet providers and safety tools on social networks and other online services

Reporting concerns

Harmful or upsetting content

Get support by:

reporting harmful online content to the <u>UK Safer Internet Centre</u>

getting government advice and trusted resources from <u>Educate</u>
 <u>Against Hate</u> on safeguarding from radicalisation, building resilience to extremism, and promoting shared values

Bullying or abuse online

You can:

- get advice on reporting online abuse from the National Crime Agency's Child Exploitation and Online Protection CEOP
- get advice and support from <u>Anti-Bullying Alliance</u> for children who are being bullied
- email <u>helpline@saferinternet.org.uk</u>. The helpline is open from Monday to Friday from 10am to 4pm
- use resources such as <u>Tootoot</u> to provide a confidential route for your child to report bullying or abuse.
- contact **Childline** for support.

Expanded NSPCC helpline

While families stay at home to reduce the spread of the coronavirus, some children and young people may face increased risk of abuse or neglect at home - or from strangers online. While schools and social workers remain at the forefront of work to protect vulnerable children, expanding the NSPCC Helpline will mean many more adults know how and where to raise concerns and seek advice or support about the safety and wellbeing of any children they are worried about. Adults can contact the helpline by phone or online to get advice or share their concerns about a child, anonymously if they wish.

Using other sites to supplement the school's work

You may choose to supplement the school or college online work with support from online companies and in some cases individual tutors. If you do this then can I emphasise the importance of securing online support from reputable organisations / individuals who can provide evidence that they are safe and can be trusted to have access to children.