## Swimming Data 2019-2020

## School Swimming Levels

## Level 7

- Swim competently, confidently and proficiently on their front for 50m.
- Swim competently, confidently and proficiently on their back for 50m.
- Swim breaststroke or butterfly with an effective stroke for 25m.
- Complete a sequence of all six floats, holding each for ten seconds.
- Skull headfirst for ten metres and returning feet first for ten metres.
- Headfirst surface dive.
- Feet first surface dive.
- Shout and signal rescue.
- Treading water for two minutes.
- Adopt the HELP position in clothes and to know what it means.
- Huddle position in clothes and know when to use it.
- Treading water for thirty seconds in clothes.
- 25m with clothes (swimming).
- Swim continuously for 50m on front and 50m on back.
- Complete homework sheet (water safety).

## Level 6

- Kick two lengths efficiently on front.
- Kick two lengths efficiently on back.
- Kick continuously for four lengths with a float rotating from front to back each length.
- Perform breaststroke or butterfly confidently and competently for ten metres.
- Complete a star, mushroom and pencil float for ten seconds.
- Complete a star, tub and pencil float for ten seconds.
- Complete a sitting dive, push and glide into full stroke.
- Headfirst surface dive.
- Feet first surface dive.
- Tread water for one minute.
- Perform a butterfly leg kick over ten metres.
- Skull feet first ten metres.
- Complete the homework sheet (water safety).
- Discuss and perform the huddle position for two minutes.
- Adopt the help position in clothes and know what it means.
- Swim a width in deep water in clothes.

#### Level 5

- Swim at least 25m.
- Some life-saving skills.
- Beginning to use a range of strokes.

# National Curriculum Requirements:

The amount or children within the Year 6 cohort (24 in Pear and 25 in Willow) that can do each of the following:

- Swim competently, confidently and proficiently over a distance of at least 25 metres.
- Use a range of strokes effectively.
- Perform safe self-rescue in different water-based situations.

## Level 7:

6 in Year 6.

#### Level 6:

7 in Year 6.

## 25m+ (Level 4 and 5):

13 in Year 6.

## Total children that meet National Curriculum requirements:

- 13/49 27% of <u>all</u> children in Year 6 met the National Curriculum Requirements for the academic year 2019-2020.
- 24% of <u>pupil premium</u> children in Year 6 met the National Curriculum Requirements for the academic year 2019-2020.
- 2019-2020 swimming data has been drastically affected by the outbreak of COVID-19 and usually a much higher proportion of children would achieve the requirements later on in the academic year in the Summer Term.

#### <u>Swimming Data 2017-2018</u>

## School Swimming Levels

## Level 7

- Swim competently, confidently and proficiently on their front for 50m.
- Swim competently, confidently and proficiently on their back for 50m.
- Swim breaststroke or butterfly with an effective stroke for 25m.
- Complete a sequence of all six floats, holding each for ten seconds.
- Skull headfirst for ten metres and returning feet first for ten metres.
- Headfirst surface dive.
- Feet first surface dive.

- Shout and signal rescue.
- Treading water for two minutes.
- Adopt the HELP position in clothes and to know what it means.
- Huddle position in clothes and know when to use it.
- Treading water for thirty seconds in clothes.
- 25m with clothes (swimming).
- Swim continuously for 50m on front and 50m on back.
- Complete homework sheet (water safety).

# Level 6

- Kick two lengths efficiently on front.
- Kick two lengths efficiently on back.
- Kick continuously for four lengths with a float rotating from front to back each length.
- Perform breaststroke or butterfly confidently and competently for ten metres.
- Complete a star, mushroom and pencil float for ten seconds.
- Complete a star, tub and pencil float for ten seconds.
- Complete a sitting dive, push and glide into full stroke.
- Headfirst surface dive.
- Feet first surface dive.
- Tread water for one minute.
- Perform a butterfly leg kick over ten metres.
- Skull feet first ten metres.
- Complete the homework sheet (water safety).
- Discuss and perform the huddle position for two minutes.
- Adopt the help position in clothes and know what it means.
- Swim a width in deep water in clothes.

#### Level 5

- Swim at least 25m.
- Some life-saving skills.
- Beginning to use a range of strokes.

## National Curriculum Requirements:

How many pupils within their Year 6 (24 in Pear 26 in Willow -27 at start of year) cohort can do each of the following:

- Swim competently, confidently and proficiently over a distance of at least 25 metres.
- Use a range of strokes effectively.
- Perform safe self-rescue in different water-based situations.

## Level 7:

15 in Year 6.

# Level 6:

7 in Year 6.

# 25m+ (Level 4 and 5):

14 in Year 6.

# Total children that meet National Curriculum requirements:

- 36/50 72% of <u>all</u> children in Year 6 met the National Curriculum Requirements for the academic year 2017-2018.
- 62% of <u>pupil premium</u> children in Year 6 met the National Curriculum Requirements for the academic year 2017-2018.