With her infectious laugh and high energy, Rosie Jones has guickly become a mustsee act on the UK comedy circuit. The ex-television researcher was awarded second place in the Leicester Mercury's New Comedian of The Year Award 2018 and has gone on to star on 8 Out Of 10 Cats, The Last Leg, Comedy Central's Live from the Comedy Store, Roast Battle, Mock the Week and Live at the Apollo, as well as Dave's Hypothetical.



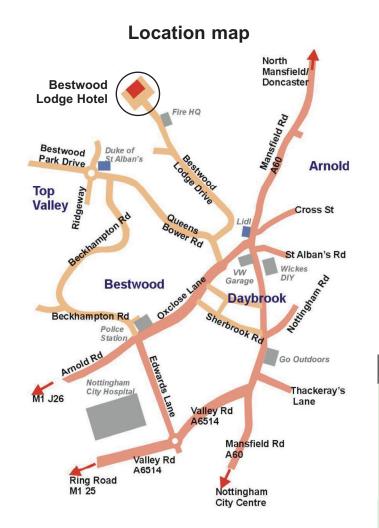
Rosie has performed standup comedy at the Edinburgh Festival Fringe, incorporating her cerebral palsy into her comedic style; with the Scotsman describing her show as "both

elegantly crafted and mischievous to its bones". She has also appeared on other television shows and hosts the podcast 'Daddy Look at Me'. Last year she made her primetime debut in a two-part Silent Witness special.

# **Childcare Costs**

You may claim additional childcare costs incurred as a result of attending the conference.

A receipt from a registered provider will be required for audit purposes. (Maximum of £40.00 per family).



Bestwood Lodge Hotel **Bestwood Country Park** Arnold, Nottingham NG5 8NE

For further information please contact: Ruth Cook or Cath Page



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# **Including Parents Conference**

This is a free conference for parents and carers of children and young people up to the age of 19, who are resident in Nottinghamshire, or whose child attends a Nottinghamshire school.

#### **Keynote Speaker: Rosie Jones**

Presented by Schools and Families **Specialist Services** Wednesday 10 November 2021 9:00am - 3:00pm Bookings go live on 13 September 2021



**Bestwood Lodge Hotel NG5 8NE** 





Representatives from AskUs will be available to provide signposting and guidance on the day.

Information will also be available on a range of services, support groups and leisure opportunities for families, children and young people with additional needs.

There are 5 workshops available to select from; each will be repeated in the morning and afternoon.

And finally...

At the end of the day there will be an opportunity to gather information, speak to workshop providers and ask any outstanding questions you may have.

## Programme of the day

- 8:45 Registration
- 9:30 Welcome and Introduction
- 9:35 Keynote Speaker: Rosie Jones
- 10:20 Coffee in the Garden Room
- 10:40 Workshop 1
- 12:10 Lunch
- 1:10 Workshop 2
- 2:40 Providers & Professionals available for questions
- 3:00 Close



# Workshop details

### Problem Solving and Self Organisation; Practical Strategies

An introduction to executive functioning skillsthinking and problem-solving skills needed for independence and self-organisation. The workshop will provide practical tips to support children in learning these skills at home. *Workshop Provider: Nottinghamshire Educational Psychology Service* 

### **Transition to Adulthood**

"Travels in a big country... how to pack for transition to adulthood. Got the T shirt! A parent's perspective." *Workshop Providers: Julie Rastall and Claire Bosanquet, Parents* 

## First Aid for Your Childs Emotional Health

Creating a home environment to encourage resilience and emotional wellbeing in children and young people with additional needs. *Workshop Provider: Claire Horn, Cognition and Learning Team* 

## Lego Therapy

An evidence-based approach to teaching social skills and problem-solving skills to children with autism and other social communication difficulties. Learn how to use Lego-Based therapy at home with your child *Workshop Provider: Nottinghamshire Educational Psychology Service* 

### Welfare Benefits

A workshop to explore benefits available for carers and young people with additional needs. How to claim and what support is available to help.

Workshop Provider: Paul Stafford, Senior Benefits Advisor, NCC

# How to book

#### www.eventbrite.co.uk

1	Click on 'Search for events'	_	Including Parents Conference'
2	Choose a location	_	'Nottingham'
3	Filters select date		Pick a date 10 Nov 2021
4	Click	_	Search
5	Click	_	Tickets
6	Enter Access Code	_	SFSS2021
7	Click	_	Apply
8	Click	_	Register
9	Complete your registration details and preferences in order (1-5) Information provided is confidential		
10	Click	_	Register

#### Workshop choices available:

We will do our best to allocate you to your 1st and 2nd choices, but we cannot guarantee this. It is important that you identify your 3rd – 5th for this reason.

- Problem Solving & Self Organisation
- Transition to Adulthood
- First Aid for Your Child's Emotional Health
- Lego Therapy
- Welfare Benefits

Please state any special requirements you may have.

You will receive an email confirming your booking.

If you have difficulties booking, contact: Ruth Cook, SFSS T: 0115 854 6464 E: ruth.cook@nottscc.gov.uk