

## Swimming Data 2020-2021

### The total number of children that meet National Curriculum requirements:

- 14/54 26% of **all** children in Year 6 met the National Curriculum Requirements for the academic year 2020-2021.
- 3/19 16% of **pupil premium** children in Year 6 met the National Curriculum Requirements for the academic year 2019-2020.
- **2020-2021 swimming data has been drastically affected by the outbreak of COVID-19 and usually a much higher proportion of children would achieve the requirements later on in the academic year in the Summer Term. The Children completed 6/24 swimming lessons.**

The amount or children within the Year 6 cohort (54) that can do each of the following:

- Swim competently, confidently and proficiently over a distance of at least 25 metres.
- Use a range of strokes effectively.
- Perform safe self-rescue in different water-based situations.

Level 7: 2 children in Year 6.

Level 6: 3 children in Year 6.

25m+ (Level 4 and 5): 5 children in Year 6.

## School Swimming Levels Explained

### Level 7

- Swim competently, confidently and proficiently on their front for 50m.
- Swim competently, confidently and proficiently on their back for 50m.
- Swim breaststroke or butterfly with an effective stroke for 25m.
- Complete a sequence of all six floats, holding each for ten seconds.
- Skull headfirst for ten metres and returning feet first for ten metres.
- Headfirst surface dive.
- Feet first surface dive.
- Shout and signal rescue.
- Treading water for two minutes.
- Adopt the HELP position in clothes and to know what it means.
- Huddle position in clothes and know when to use it.
- Treading water for thirty seconds in clothes.
- 25m with clothes (swimming).

- Swim continuously for 50m on front and 50m on back. □
- Complete homework sheet (water safety).

### Level 6

- Kick two lengths efficiently on front.
- Kick two lengths efficiently on back.
- Kick continuously for four lengths with a float rotating from front to back each length.
- Perform breaststroke or butterfly confidently and competently for ten metres.
- Complete a star, mushroom and pencil float for ten seconds.
- Complete a star, tub and pencil float for ten seconds.
- Complete a sitting dive, push and glide into full stroke.
- Headfirst surface dive.
- Feet first surface dive.
- Tread water for one minute.
- Perform a butterfly leg kick over ten metres.
- Skull feet first ten metres.
- Complete the homework sheet (water safety).
- Discuss and perform the huddle position for two minutes.
- Adopt the help position in clothes and know what it means. □
- Swim a width in deep water in clothes.

### Level 5

- Swim at least 25m.
- Some life-saving skills.
- Beginning to use a range of strokes.