

Useful Websites

childbereavementuk.org - help support children and young people up to age 25 to rebuild their lives, when a child grieves or a child dies

help2makesense - brought by Winston's Wish, a charity supporting bereaved children and young people. This website aims to help young people who have experienced the death of a loved one come to terms with their loss

cruse.org.uk - website for all the family with a lot of support for adults

hopeagain.org.uk - the youth's website of Cruse Bereavement Care. It is a safe place where you can learn from other young people, how to cope with grief, and feel less alone

nottshospice.org - the leading provider of palliative and end-of-life care services in Nottinghamshire, offering care for all adults who need practical and emotional support during what is a difficult journey. Includes our range of special services in your home to meet planned or urgent needs, as well as advice through our 24-hour support line.

snowflake-griefandbereavementcare.co.uk - wonderful website offering a bereavement support service, with group and one to one sessions, help and guidance to support you whilst working through the grieving process, from a fully trained and qualified facilitator

nottinghamcounsellingcentre.org.uk - a counselling service for adults, dedicated to getting your life back on track again

www.nuh.nhs.uk/bereavement - NHS coronavirus bereavement website

thecalmzone.net - CALM is a website, particularly for men around suicide, offering support at crisis point and if you've been bereaved by suicide