



Friday 16th June 2023

Dear Parents and Carers,

We are pleased to inform you that Years 5 and 6 are participating in the **NSPCC's *Speak out. Stay safe.* programme** this term. *Speak out. Stay safe.* is a programme for children aged 5-11 which aims to help children understand abuse in all its forms and to recognise the signs of abuse. Children are taught to speak out if they are worried, either to a safe adult or Childline.

This child-friendly programme is aligned with the curriculum and consists of age-appropriate virtual assemblies and supporting classroom-based activities which we have reviewed, alongside NSPCC volunteer-led face to face workshops for children aged 9-11. The content is delivered in an engaging and interactive way with the help of the NSPCC mascot Buddy. If you would like to know more about the *Speak out. Stay safe.* programme visit [www.nspcc.org.uk/speakout](http://www.nspcc.org.uk/speakout).

### Feedback survey for pupils

The NSPCC would like to gather feedback from pupils about the *Speak out. Stay safe.* programme to gauge their learning. **This will be voluntary and children can still take part in the programme if they don't take part in the survey.**

- All survey questions are multiple choice and focussed on the programme.
- The survey is anonymous and confidential. However, if in the process of completing the survey, a teacher becomes concerned for a pupil's welfare (e.g., through something a pupil says) we will follow our school's safeguarding procedures.
- If you **do not** want your child to take part in the **survey**, please let us know in writing by emailing [office@carltonjunior.org.uk](mailto:office@carltonjunior.org.uk).
- If you have agreed that your child can take part in the survey but your child changes their mind on the day, that is also okay.

### Additional NSPCC resources for families to help keep children safe

The NSPCC have shared some important information below on wider NSPCC resources and support to help keep children safe.

<p><b>Parent/Carer support</b> Take a look at information, support, advice and activities from NSPCC for parent and carers. <a href="http://www.nspcc.org.uk/parents">www.nspcc.org.uk/parents</a></p>	<p><b>Activities to extend learning at home</b> Take part in games and activities at home to help children learn about speaking out and staying safe. <a href="http://www.nspcc.org.uk/activities">www.nspcc.org.uk/activities</a></p>
<p><b>Online Safety Hub</b> For information on a range of different online safety topics including gaming, social media, sharing images, parental controls and more. <a href="http://www.nspcc.org.uk/onlinesafety">www.nspcc.org.uk/onlinesafety</a></p>	<p><b>Childline – under 12's</b> Childline have an accessible website with advice, support, games and activities. Children can change the language, enlarge text and also listen to the content. <a href="http://www.childline.org.uk/buddy">www.childline.org.uk/buddy</a> (5-7) <a href="http://www.childline.org.uk/kids">www.childline.org.uk/kids</a> (7-11)</p>

### Talk PANTS with your children

Talk PANTS is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides simple but important messages.

Download the free resources at [www.nspcc.org.uk/pants](http://www.nspcc.org.uk/pants).

We hope you find this information about the NSPCC and the *Speak out. Stay safe.* programme helpful. Please do contact us if you have any further questions.

Mrs Wood  
Headteacher

Mrs Charlesworth  
PSHRE Leader