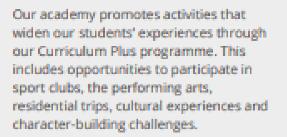


www.thecarltonjunioracademy.org.uk

# Welcome to Curriculum Plus



These experiences help to develop our students' self-confidence, build their resilience, and feel a sense of belonging. They also challenge our students to learn new skills and find a passion that they can take with them throughout their life.

Students can take part in activities they already love or choose to try something brand new. We encourage all students to get involved and choose at least one or two Curriculum Plus activities.

Find out more about our Curriculum Plus programme by following <u>@TCJANotts</u> and <u>@RHTCoCurricular</u> on Twitter.

## Our guiding principles



Equality and Achievement



Here are our fantastic co-curricular clubs throughout summer term:

# **Every Day**

Breakfast Club runs every day from 7.45am-8.40am. It is run by Miss Beeton and Mrs Belshaw and children get the chance to come into school a bit earlier for some cereal or toast along with some apple or orange juice. They can finish any homework off or play board games with their friends to help them prepare for the school day.



#### Nurture club

Miss Green runs Nurture Club during lunchtime every day. This is for children who struggle to cope with the noise on the playground and prefer to enjoy a mindful activity in a more peaceful environment. This can also be for children who would like assistance with their homework.



# <u>Tuesday</u>

#### <u>Choir</u>

This is a chance for pupils with a passion for singing and performing. They learn songs together and perform these on our visits to the church and in varying assemblies and fun days at school.

This club is run by Mrs Worrall & Ms Aleksanderek and will be on Tuesdays 3.15-4.15.



#### **Gardening Club**

This is for children who have a keen interest in gardening and like to assist in helping maintain the greenery all over the school site. This is run by Mrs Brown.



### Film Club

One Tuesday every month, Miss Tolley runs a film club. For just £3 per ticket, children can enjoy a film with a snack and a drink and get to have a cinematic experience in school.



#### Mindfulness Club

Miss Simmons runs a mindfulness club every Tuesday after school from 3.15-4.00pm. This is for selected children who would benefit from techniques to assist them in making better choices and staying calm.



# Wednesday

## Dance Club

We are lucky to have a dance specialist who runs lessons every week, where different routines will be taught and practised. Pupils can regularly perform in front of the school in awards assemblies as well as family fun days in school. This club runs most Wednesdays at 3.15-4.15, run by Mrs Sills and Mr Huskinson.



# <u>Thursday</u>

## **Dodgeball**

In Summer 1 term, Mr Huskinson ran a Dodgeball club for Year 3's who wanted to improve on throwing and dodging skills whilst playing a fun game at the same time. This runs from 3.15 – 4.15pm.



## Handball Club

This summer 2 club is for Year 3 children who wish to improve on their handball skills including throwing and catching whilst enjoying an invasion-style game. This is run by Mr Huskinson after school from 3.15 – 4.15pm.



#### **Friday**

### Cricket club

On Fridays in summer 1, from 3.15 until 4.15pm. This club will be with Mr Huskinson who specialises in cricket coaching and can upskill children in their own cricket abilities as well as learn and understand the game better.



#### Handball club

For years 4 and 5, Handball Club is for children with a keen interest in handball and want to further improve their skills learnt already during their time in school. It is run by Mr Huskinson after school from 3.15 – 4.15pm.



#### **Energy club**

This is a club run by Mr Huskinson on a Friday afternoon aimed at playing games with selected children whilst educating them about healthy lifestyles and healthy choices they can make to improve on their overall well-being. Years 3&4 run from 1.45 – 2.30pm, whilst Years 5&6 run from 2.30 – 3.10pm.

