



MONDAY

TUESDAY

WEDNESDAY



THURSDAY

FRIDAY



OPTION 1

Plant Balls in Tomato Sauce
with Rice



Beef Lasagne with Garlic
Bread



Roast Chicken with Stuffing,
Roast Potatoes and Gravy



NEW Chicken Biryani



Salmon or Pollock Fish
Fingers with Chips &
Tomato Sauce



OPTION 2

Autumn Vegetable
Lasagne



Beetroot and Lentil Burger in
a Bun with Potato Wedges



Vegetarian Wellington with
Roast Potatoes and Gravy



NEW BBQ Sausage Pasta
with Garlic Bread



Cheese and Bean
Pasty with Chips and
Tomato Ketchup



DESSERT

Cheese and Crackers



NEW Apple Crumb Cake
with Custard



Fruit Medley



Jelly with Mandarins



Syrup Sponge with
Custard



*VEGETABLES AND SIDES MAY DIFFER THAN THOSE SHOWN



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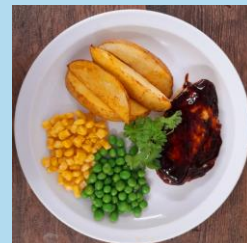
Classic Cheese and Tomato
Pizza with Wedges



Spaghetti Bolognaise



BBQ Chicken with Seasoned
Potatoes and Sweetcorn Salsa



Beef Meatballs in Tomato
Sauce with Rice



Breaded Fish or Fish
Fingers with Chips and
Tomato Sauce



OPTION 2

Mild Mexican Chilli with Rice



Vegan Spaghetti
Bolognaise



BBQ Quorn with Seasoned
Potatoes and Sweetcorn
Salsa



Creamy Chickpea and
Coconut Curry with Rice



Cheese Whirl with
Chips and Tomato
Sauce



DESSERT

NEW Gingerbread Cookie



Chocolate and Beetroot
Brownie with Chocolate Sauce



Fruit Salad



Sticky Toffee Apple
Crumble with Custard



Vanilla Shortbread



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OPTION 1

Macaroni Cheese



NEW Chicken 50% Enchilada Bake with Paprika Wedges



Sausage with Roast Potatoes and Gravy



Mild Caribbean Chicken with Golden Rice



Fishfingers with Chips & Tomato Ketchup



OPTION 2

Chefs Special Lentil Curry with Rice



Tomato Pasta



Vegan Sausage with Roast Potatoes and Gravy



Caribbean Stew with Golden Rice



Red Pepper Frittata with Chips and Tomato Sauce



DESSERT

Oaty Cookie



Pear Crumble with Custard



Fruit Salad



Jamaican Ginger Cake with Custard



Cornflake Tart



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