

# AUTUMN 1 MENU 2026

|                                                         |                   | MONDAY                                                                                                                                                                                                    | TUESDAY                                                                                                                                                                                                                | WEDNESDAY                                                                                                                                 | THURSDAY                                                                                                                                                                                                      | FRIDAY                                                                                                                                                                              | MENU KEY:                                                                            |
|---------------------------------------------------------|-------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| <b>WEEK ONE</b><br><br>31.08.26<br>21.09.26<br>12.10.26 | <b>Option One</b> | Macaroni Cheese                                                                                                                                                                                           |  Phat Pasty Pork Sausage Roll with Potato Wedges                                                                                      | Roast Chicken, Stuffing, Roast Potatoes & Gravy                                                                                           |  Spaghetti Bolognaise                                                                                                      | Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce                                                                                                                         |                                                                                      |
|                                                         | <b>Option Two</b> |  Chickpea Curry with Rice               |  Mild Mexican Chilli with Rice                       |  Roasted Quorn, Roast Potatoes, & Gravy                 | Smokey Bean Burger with Wedges &  Tomato Sauce                                                                             | Cheese & Bean Pasty with Chips & Tomato Sauce                                                                                                                                       |                                                                                      |
|                                                         | <b>Sides</b>      | Vegetables of the Day                                                                                                                                                                                     | Vegetables of the Day                                                                                                                                                                                                  | Vegetables of the Day                                                                                                                     | Vegetables of the Day                                                                                                                                                                                         | Vegetables of the Day                                                                                                                                                               |   |
|                                                         | <b>Dessert</b>    | <b>NEW</b> Banana Mousse                                                                                                                                                                                  | Orange Drizzle Cake                                                                                                                                                                                                    |  Fruit Platter                                         |  Apple Flapjack                         |  Strawberry Jelly with Mandarins                                                                 | Whole grain                                                                          |
| <b>WEEK TWO</b><br><br>07.09.26<br>28.09.26             | <b>Option One</b> | Cheese & Tomato Pizza with Summer Mixed Salad                                                                            |  Beef Chilli with Rice & Sweetcorn & Cucumber Salsa  | Roasted Pork or Chicken Sausage, Roast Potatoes & Gravy                                                                                   | Greek Chicken Pitta with Herby Rice, Tzatziki & Salad                                                                                                                                                         | Battered Fish with Chips & Tomato Sauce                                                                                                                                             |                                                                                      |
|                                                         | <b>Option Two</b> |  Lentil & Sweet Potato Curry with Rice  |  Spaghetti & Meatballs in a Tomato Sauce                                                                                              |  Veg Wellington, Roast Potatoes & Gravy                 | Greek Spinach & Cheese Whirl with Herby Rice, Tzatziki & Salad                                                                                                                                                | <b>NEW</b> Cheesy Broccoli Frittata with Chips                                                                                                                                      |   |
|                                                         | <b>Sides</b>      | Vegetables of the Day                                                                                                                                                                                     | Vegetables of the Day                                                                                                                                                                                                  | Vegetables of the Day                                                                                                                     | Vegetables of the Day                                                                                                                                                                                         | Vegetables of the Day                                                                                                                                                               | Plant based                                                                          |
|                                                         | <b>Dessert</b>    | Iced Vanilla Sponge                                                                                                                                                                                       | Peaches & Ice Cream                                                                                                                                                                                                    |  Freshly Chopped Fruit Salad                            | Jam & Coconut Sponge with Custard                                                                                                                                                                             |  Oaty Cookie  |   |
| <b>WEEK THREE</b><br><br>14.09.26<br>05.10.26           | <b>Option One</b> |  Tomato Pasta                                                                                                            |  Beef Burger with Potato Wedges & Rainbow Slaw                                                                                        | Roast of the Day, Mashed Potatoes & Gravy                                                                                                 |  Chef Shilpa's Chicken Korma with Rice  | Fishfingers with Chips & Tomato Sauce                                                                                                                                               |                                                                                      |
|                                                         | <b>Option Two</b> | <b>NEW</b> Chinese Vegetable Noodles                                                                                                                                                                      |  Mexican Bean Roll with New Potatoes & Rainbow Slaw                                                                                  |  Vegetable Loaf with Stuffing, Mashed Potatoes & Gravy | All Day Vegetarian Breakfast                                                                                                                                                                                  | Cowboy Sausage and  Bean Hotpot                                                                |  |
|                                                         | <b>Sides</b>      | Vegetables of the Day                                                                                                                                                                                     | Vegetables of the Day                                                                                                                                                                                                  | Vegetables of the Day                                                                                                                     | Vegetables of the Day                                                                                                                                                                                         | Vegetables of the Day                                                                                                                                                               | Chef's Special                                                                       |
|                                                         | <b>Dessert</b>    | Pineapple Upside Down Cake                                                                                                                                                                                | Cheese & Crackers                                                                                                                                                                                                      |  Fruit Medley                                        | Strawberry and Apple Crumble with Custard                                                                                |  Vanilla Shortbread                                                                            |                                                                                      |
| <b>AVAILABLE DAILY:</b>                                 |                   | Jacket Potatoes with a choice of fillings, Salad Bar, Freshly Baked Bread, Fresh Fruit, Yoghurt                                                                                                           |                                                                                                                                                                                                                        |                                                                                                                                           |                                                                                                                                                                                                               |                                                                                                                                                                                     |                                                                                      |

If you would like to know about particular allergens in foods, please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.