AUTUMN WINTER MENU 2026

caterlink
feeding the imagination

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	Option One	Beetroot and Lentil Burger **(2)** in a Bun **(2, 12)** with Potato Wedges **(VE)**	Beef Lasagne **(2, 7, 13)** with Garlic Bread **(2, 13)**	Roast Chicken, Stuffing **(2)**, Roast Potatoes and Gravy	Chicken Tikka Masala with Rice **(14)**	Fishfingers **(2, 5)** or Salmon Fishfingers **(2, 5)** with Chips & Tomato Sauce
	Option Two	Soya Mince Lasagne **(2, 7, 13)**	Plant Balls in Tomato Sauce with Rice **(VE)**	Vegetarian Wellington **(2)** with Roast Potatoes and Gravy **(VE)**	Quorn and Lentil Tikka Masala with Rice **(2, 14)**	Cheese and Bean Pasty **(2, 7)** with Chips and Tomato Sauce **(V)**
	Sides	Vegetables of the Day **(4)** **(V/VE)**	Vegetables of the Day **(4)** **(V/VE)**	Vegetables of the Day **(4)** **(V/VE)**	Vegetables of the Day **(4)** **(V/VE)**	Vegetables of the Day **(4)** **(V/VE)**
	Dessert	Cheese and Crackers **(V) (2,7)**	Apple Cake **(2, 4)** with Custard **(7) (V)**	Fruit Medley **(VE)**	Jelly with Mandarins **(VE)**	Syrup Sponge **(2, 4)** with Custard **(7)**
WEEK TWO	Option One	Classic Cheese and Tomato Pizza **(2, 7)** with Wedges **(V)**	Spaghetti Bolognaise **(2)**	BBQ Chicken with Seasoned Potatoes and Sweetcorn Salsa **(14)**	Chicken and Sweetcorn Meatballs in Tomato Sauce with Rice	Breaded Fish **(2, 5)** or Fishfingers **(2, 5)** with Chips & Tomato Sauce
	Option Two	Five Bean Chilli with Rice **(VE)**	Vegan Bolognaise **(13)** with Spaghetti **(2) (VE)**	BBQ Quorn **(2)** with Seasoned Potatoes and Sweetcorn Salsa **(14)**	Creamy Chickpea and Coconut Curry **(2)** with Rice **(VE)**	Cheese Whirl **(2, 7)** with Chips and Tomato Sauce **(V)**
	Sides	Vegetables of the Day **(4)** **(V/VE)**	Vegetables of the Day **(4)** **(V/VE)**	Vegetables of the Day **(4)** **(V/VE)**	Vegetables of the Day **(4)** **(V/VE)**	Vegetables of the Day **(4)** **(V/VE)**
	Dessert	Gingerbread Cookie **(2) (VE)**	Chocolate and Beetroot Brownie **(2, 4)** with Chocolate Sauce **(7) (V)**	Fruit Salad	Sticky Toffee Apple Crumble **(2)** with Custard **(7) (V)**	Vanilla Shortbread **(2) (VE)**
WEEK THREE	Option One	Macaroni Cheese **(2, 7) (V)**	Chicken 50% Enchilada Bake **(2, 7)** with Paprika Wedges	Sausage **(2, 14)** with Roast Potatoes and Gravy	Mild Caribbean Chicken with Golden Rice	Fishfingers **(2, 5)** with Chips & Tomato Sauce
	Option Two	Mexican Bean Roll with New Potatoes **(2, 9)**	Tomato Pasta **(2) (VE)**	Vegan Sausage and Roast Potatoes with Gravy **(VE)**	Caribbean Stew **(14)** with Golden Rice **(VE)**	Red Pepper Frittata **(4, 7)** with Chips & Tomato Sauce **(V)**
	Sides	Vegetables of the Day **(4)** **(V/VE)**	Vegetables of the Day **(4)** **(V/VE)**	Vegetables of the Day **(4)** **(V/VE)**	Vegetables of the Day **(4)** **(V/VE)**	Vegetables of the Day **(4)** **(V/VE)**
	Dessert	Oaty Cookie **(2) (VE)**	Pear Crumble **(2)** with Custard **(7) (V)**	Fruit Salad **(VE)**	Jamaican Ginger Cake **(2, 4)** with Custard **(7)**	Iced Sponge **(2, 4)**

MENU KEY:

Whole grain

Plant based

Added plant protein

(VE) Vegan

(V) Veggie

AVAILABLE DAILY: Jacket Potatoes with a choice of fillings, Salad Bar, Freshly Baked Bread, Fresh Fruit, Yoghurt

Allergen Key – The 14 key allergens are listed on the menu using the below numbers:
1-Celery 2-Cereals Containing Gluten 3-Crustaceans 4-Eggs 5-Fish 6-Lupin 7-Milk 8-Molluscs 9-Mustard 10-Nuts 11-Peanuts 12-Sesame 13-Soya 14-Sulphites
Allergens may change due to supply issues – if your child has an allergy or intolerance, please let the school know so that we can issue a safe special diet menu. You will be asked to complete a form to ensure we have the necessary information to cater for your child.